

F3A – F-23

<u>01</u> Knife Edge Rolling Loop, Exit Inv	5
<u>02</u> Stall Turn, with snap roll, roll, Exit Inv	4
<u>03</u> Eight Consecutive One Eighth Rolls, Exit Inv	4
<u>04</u> Shark Tooth, with three consecutive quarter rolls, three quarter roll	3
<u>05</u> Square Loop On Corner, with 1/4 roll, half roll, half roll, 1/4 roll, Exit Inv	5
<u>06</u> Push-Pull-Pull Humpty-Bump, with consecutive half rolls, integrated roll, snap roll	4
<u>07</u> Horizontal Eight with rolls integrated	6
<u>08</u> Reverse Figure ET, with half roll, consecutive quarter rolls	3
<u>09</u> Knife Edge Forty Five Degree Upline, with two consecutive snap rolls in opposite direction, Exit Inv	6
<u>10</u> Reverse Vertical Shark Tooth, with two consecutive half rolls in opposite direction, two consecutive quarter rolls, roll, Exit Inv	3
<u>11</u> Reverse Double Fighter Turn, with three consecutive quarter rolls, half roll, half roll, three consecutive quarter rolls, Exit Inv	6
<u>12</u> Reverse Top Hat, with one quarter roll, one quarter roll (Option: Reverse Top Hat with half roll, half roll)	2
<u>13</u> Spin, with two and a quarter turns, two and a quarter turns in opposite direction	5
<u>14</u> Half Cuban Eight, with two half rolls in opposite direction, one and half snap roll	4
<u>15</u> Rolling Circle, with half rolls in opposite direction integrated	5
<u>16</u> Half Square Loop, with half rolls in opposite direction, Exit Inv	2
<u>17</u> Avalanche, (from top) with half roll integrated, snap roll, half roll integrated, Exit Inv	5